



Updated Quarantine and Isolation Guidance for Employers

Reporting to Work Ill	Employees shall not report to work with fever, cough, difficulty breathing or other upper respiratory symptoms.	
COVID-19 Isolation Guidance*	<p>All staff, regardless of vaccination status, need to follow isolation recommendations if they test positive for COVID-19 or are experiencing COVID-19 symptoms.</p> <ul style="list-style-type: none"> • Staff member should stay home for 5 days. • If staff member has no symptoms or symptoms are resolving after 5 days, the staff member can return to work. • Continue to wear a mask around others for 5 additional days. • If staff member still has a fever, continue to stay home until their fever resolves and other symptoms are improving. <p><i>*Guidance is different for staff who qualify as Healthcare Personnel – please consult CDC website.</i></p>	
COVID-19 Quarantine Guidance	<p>For staff that:</p> <ul style="list-style-type: none"> • Have been booster <p>OR</p> <ul style="list-style-type: none"> • Completed the primary series of Pfizer or Moderna vaccine within the last 6 months <p>OR</p> <ul style="list-style-type: none"> • Completed the primary series of J&J vaccine within the last 2 months 	<ul style="list-style-type: none"> • Staff may return to work, but must wear a mask around others for 10 days. • Staff member should test on day 5, if possible. • If the staff member develops symptoms they should get a test and stay home.
	<p>For staff that:</p> <ul style="list-style-type: none"> • Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted <p>OR</p> <ul style="list-style-type: none"> • Completed the primary series of J&J over 2 months ago and are not boosted <p>OR</p> <ul style="list-style-type: none"> • Are unvaccinated 	<ul style="list-style-type: none"> • Staff member should stay home for 5 days. • After that staff member may return to work but should continue to wear a mask around others for 5 additional days. • Staff member should test on day 5 if possible. • If staff member develops symptoms they should get a test and stay home
Additional guidance for Employers	<p>It is important to follow CDC guidance and allow staff to stay home when sick to slow the spread of COVID-19. To alleviate the stress on health care systems, please consider allowing:</p> <ul style="list-style-type: none"> • The use of Test Iowa home tests, and home rapid tests to report COVID illness. • Presume employee is positive for COVID-19 if household member is positive, and employee is experiencing COVID-19 symptoms. • Forego the requirement of a doctor’s note in order to stay home to isolate/quarantine. <p>Continue to promote COVID-19 mitigation efforts:</p> <ul style="list-style-type: none"> • Encourage staff to get vaccinated and boosted when eligible. • Encourage mask use within indoor public buildings. • Promote social distancing of staff and customers in establishment/business. • Clean frequently touched areas often with disinfectant. • Remind staff to wash hands often and provide hand sanitizer on site. 	

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