

COVID-19 Update

Black Hawk County Health Department



Current Status

Risk level increased to High on 7/29/2021 and has remained at High through 8/2/2021

- High: greater than 10% average 14 day percent positivity and greater than 100 cases per 100,000 population over the past 7 days
- Have seen an increase in cases throughout past few months
 - Average cases per day:
 - May: 7
 - June: 13
 - July: 22
 - August: 38

As of 8/11/21 in Black Hawk County there were:

- 17,408 Positive individuals
- 16,232 Recoveries
- 13% average 14 day percent positivity
- 320 deaths



Current Status

Cases remain spread out throughout the community

- Adults ages 19-39 make up a large proportion of case, with adults age 19-24 still being the largest single age group at 12% of cases
- Have seen an increase in case in children age 0-10 now representing 10% of cases over the past 30 days

Hospitalizations have also been increasing as well

- June 1st: 2 Hospitalizations
- July 1st: 16 Hospitalizations
- Current: 23 Hospitalizations



Delta Variant

The Delta variant was originally found in India in December 2020 and was first seen in the US in March 2021.

The Delta variant spreads more easily than other variants and that is why COVID-19 cases are increasing in the US and in Iowa.

The Delta variant (B.1.617.2) is currently the most common COVID-19 virus strain circulating around in the US, the region, and in Iowa.

- CDC data as of 7/31 shows the delta variant accounts for 94.4% of cases nationally
 - Regionally (Iowa, Kansas, Missouri, Nebraska) higher 98.8%

People who have not been fully vaccinated against COVID-19 are most at risk of getting, being hospitalized for, and dying from COVID-19.

- The best way to stop the spread of the of all COVID-19 virus strains, including the Delta variant, is for unvaccinated people to get vaccinated.
- For those who get an mRNA vaccine, the second dose of vaccine provides a higher level of protection so it is important that people get both doses.

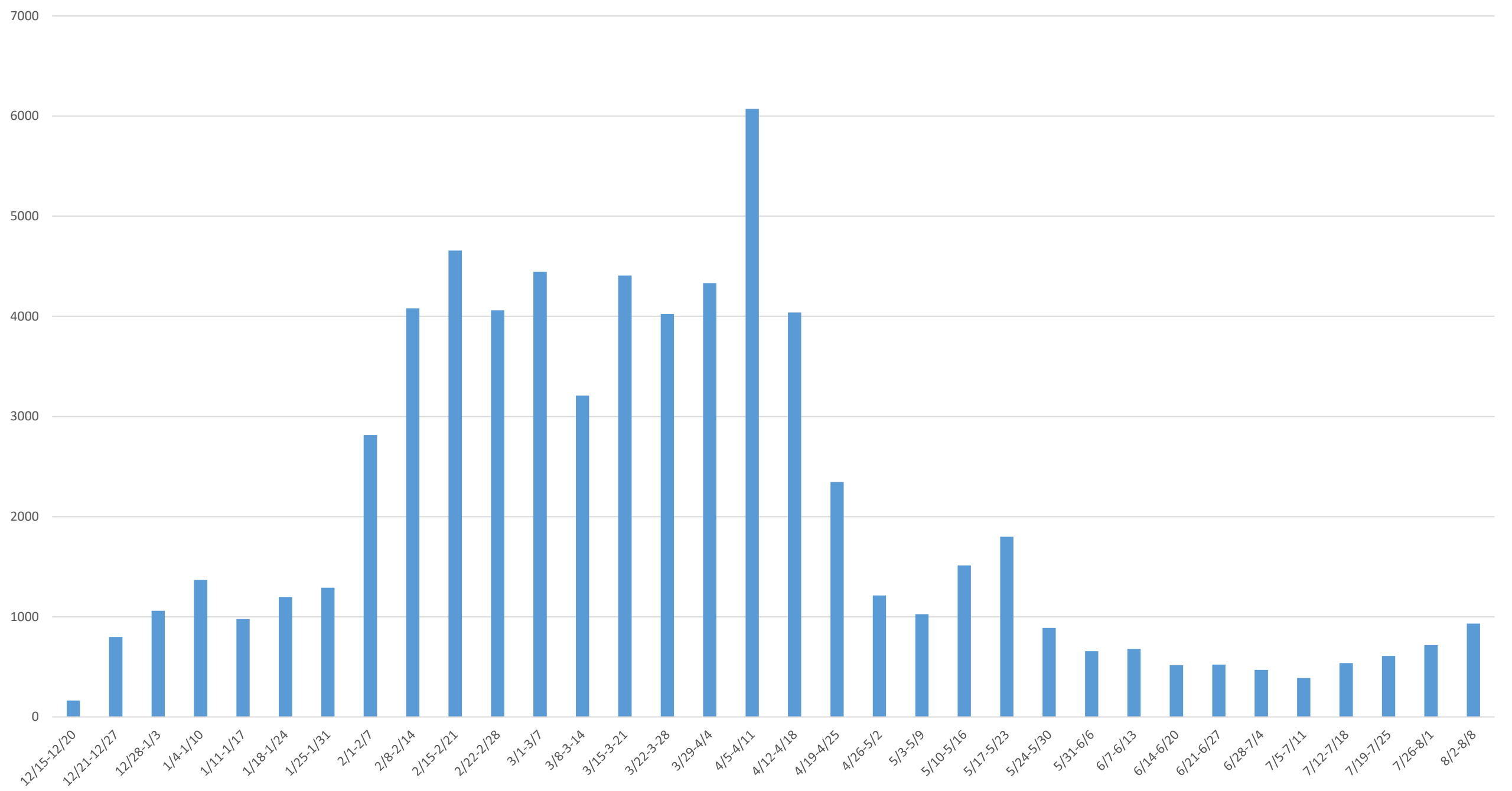
Vaccine Status

As of 8/11/21



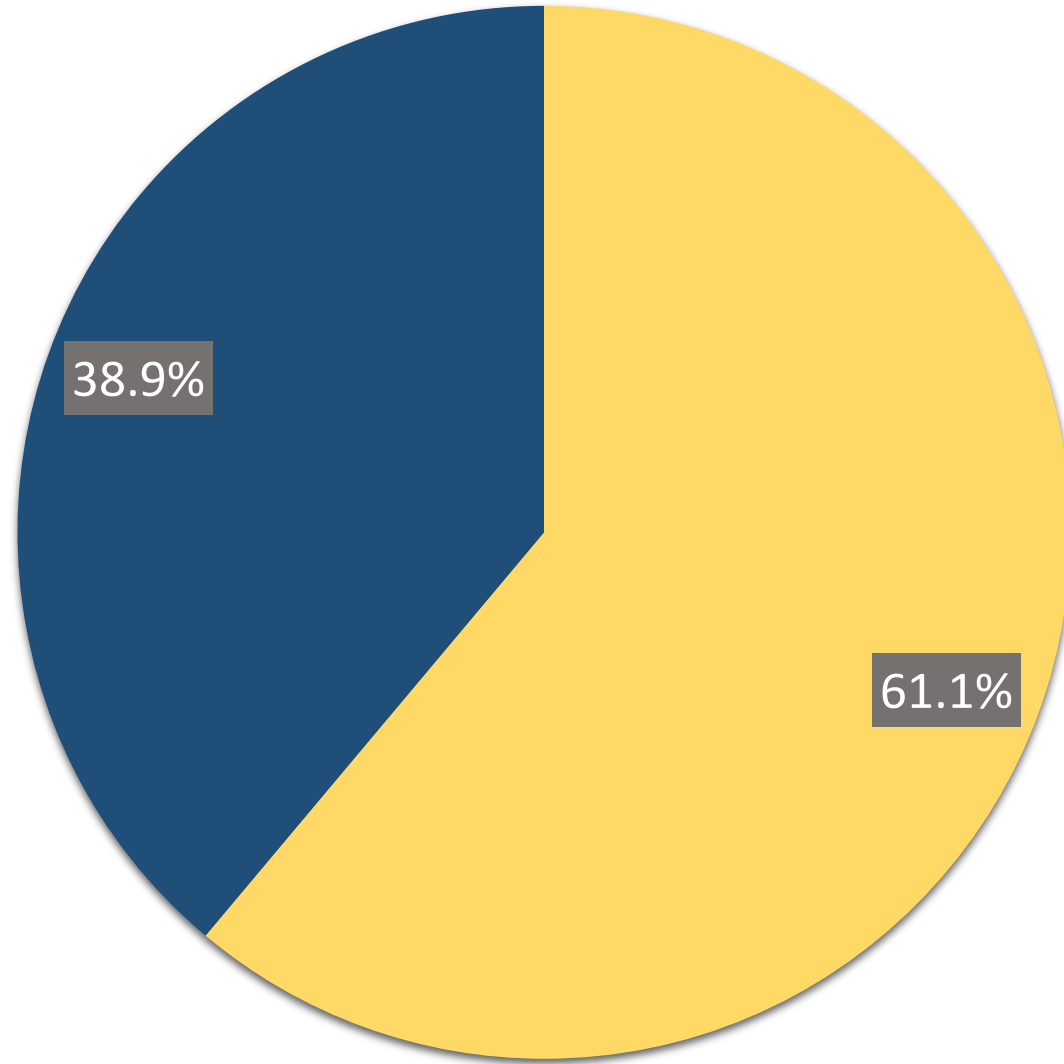


Individuals Vaccinated by Week





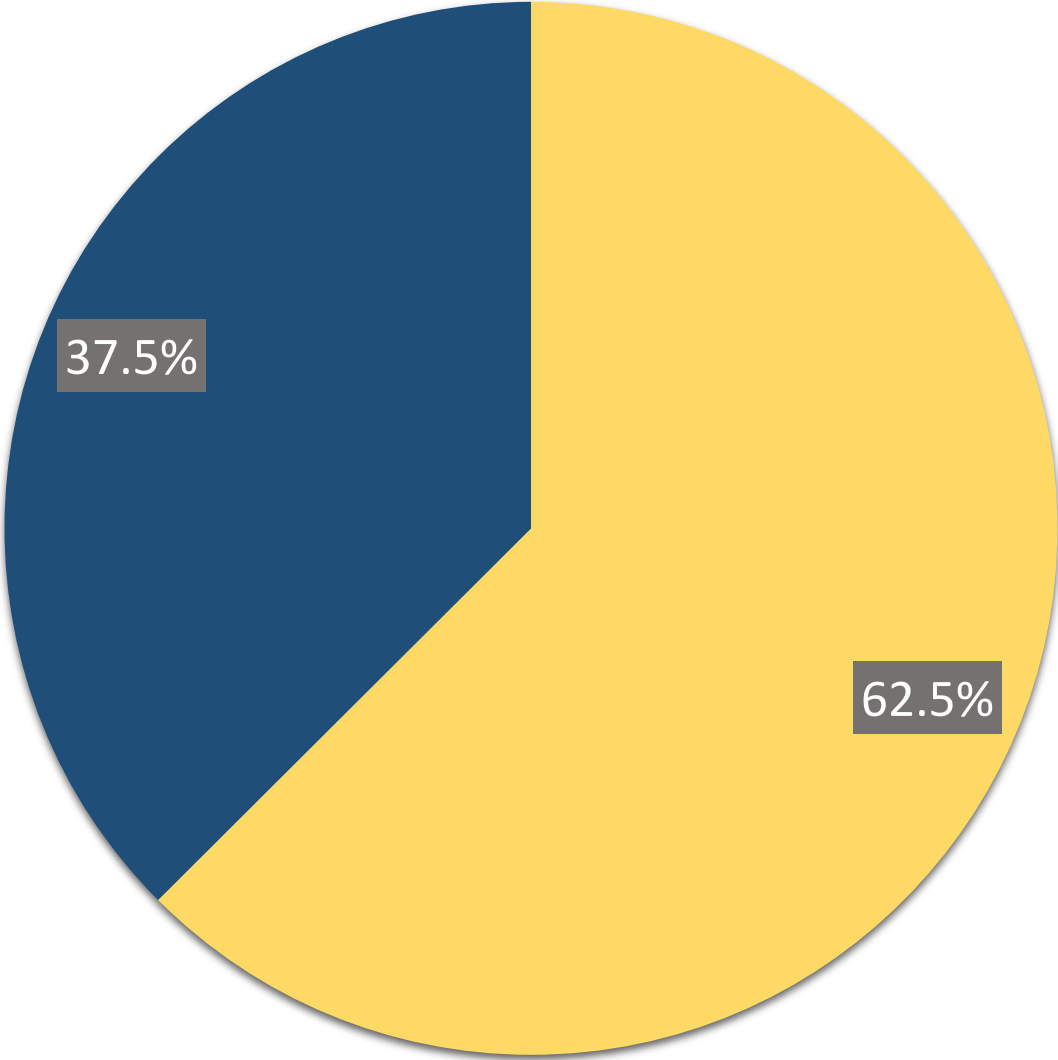
Black Hawk County Age 12 and Older



■ Percent Vaccinated ■ Percent Not Vaccinated



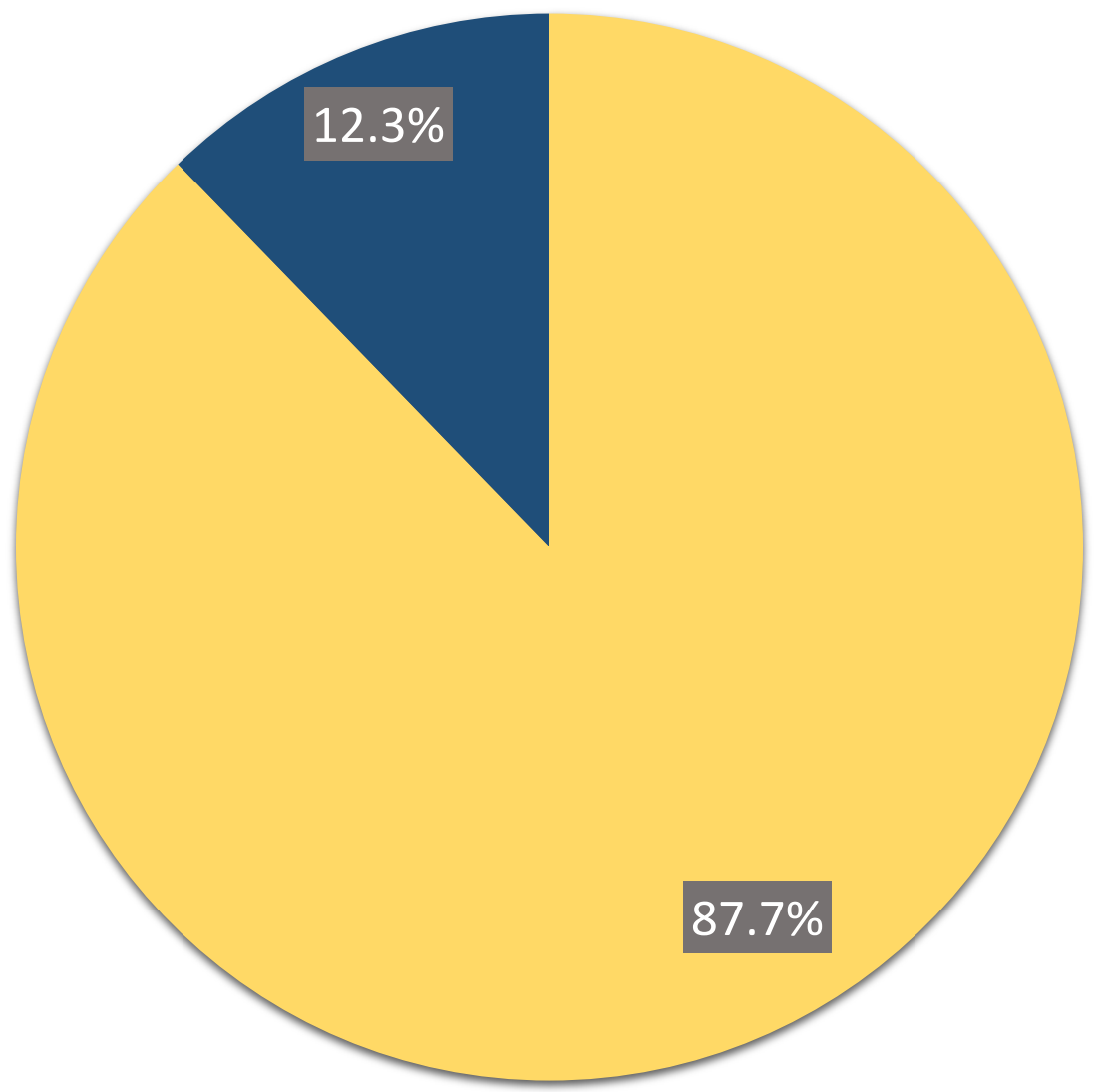
Black Hawk County Age 18 and Older



■ Percent Vaccinated ■ Percent Not Vaccinated



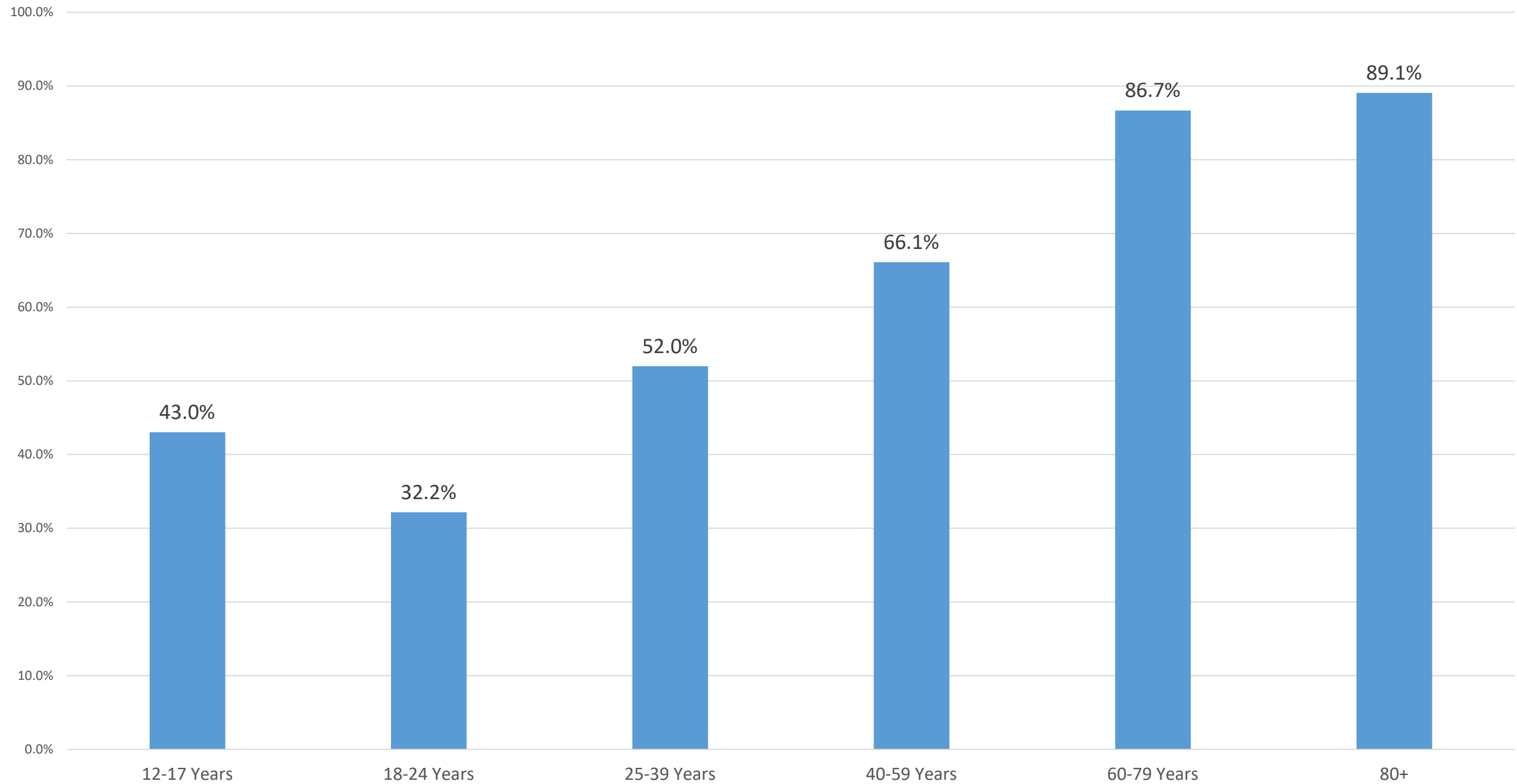
Black Hawk County Age 65 and Older



■ Percent Vaccinated ■ Percent Not Vaccinated



Proportion of Age Groups



Face Masks

On July 27th CDC updated their masking guidance

- To reduce their risk of becoming infected with the Delta variant and potentially spreading it to others CDC recommends that fully vaccinated people wear a mask in public indoor settings if they are in an area of substantial or high transmission
 - Per CDC Black Hawk County is currently at the High level of transmission

The Black Hawk County Health Department recommends that face coverings be worn in indoor settings by staff, visitors, and customers particularly in situations when social distancing of 6ft cannot be maintained.

Precautions

People should be tested if they are experiencing COVID-19 symptoms or 3-5 days after a known exposure to COVID-19.

Isolate at home if you tested positive for COVID-19 in the prior 10 days or are experiencing COVID-19 symptoms.

Staff who have a household member that is experiencing COVID-19 symptoms or has tested positive for COVID-19 should quarantine at home for 10 days after their last close contact with their ill household member or 10 days after their ill household member is no longer infectious if the household member is not isolating away from others.

- Fully vaccinated people do not need to quarantine after being exposed. However, they should be tested 3-5 days after exposure and continue to wear a mask in indoor public settings.

COVID-19 Symptoms

Staff with any high-risk symptoms or two or more low risk symptoms should stay home and are advised to seek an evaluation by a health care provider.

| High Risk Symptoms | Low Risk Symptoms |
|--|--|
| New cough, shortness of breath or difficulty breathing, new loss of taste or smell | Fever, headache, muscle and body aches, fatigue, sore throat, runny nose, congestion, nausea, vomiting, diarrhea |



Precautions

Follow social distancing guidelines to allow 6ft distance between individuals and groups. Consider other methods to maintain social distancing such as:

- Schedule meetings in rooms with extra space to allow attendees to social distance
- Limiting the number of staff/visitors in areas at one time
- Modify layouts to create additional space or discourage congregating

Regular cleaning should be conducted in shared spaces and frequently touched surfaces. Staff should use cleaning products correctly and wear appropriate personal protective equipment during use.



Testing

Iowans have the option for at home testing and may choose to pick up a test kit from a site in their community or have a kit sent to their home at no cost. Each test kit includes instructions on how to collect and ship the specimen. For more information and to find a location near you visit www.testiowa.com

- Test kits can be picked up in Waterloo at:
 - Peoples Community Health Clinic: 905 Franklin St, Waterloo, IA, 50703
 - ACE-SAP Free Clinic: 207 Logan Ave, Waterloo, IA, 50703
 - Hawkeye Student Health Clinic: 1501 E Orange Road, Waterloo, IA, 50701

Retail pharmacies have PCR tests and some may also have Rapid tests. Retail pharmacies include: CVS, Hy-Vee, and Walgreens. Visit their website or call ahead to make an appointment.

Healthcare providers may also carry COVID-19 tests. Have staff and parents talk to their healthcare provider to see if they can get tested for COVID-19.



Vaccines

Vaccines remain the best way to protect yourself and your family from COVID-19.

COVID-19 vaccines are available through walk-in clinics, primary care appointments and retail pharmacies for Iowans age 12+.

For a comprehensive list of vaccine providers in your area, please visit <https://vaccinate.iowa.gov/providers/> or <https://www.vaccines.gov/search/> and input your zip code

A list of vaccine providers and contact information are also available on our website at <https://www.bhccpublichealth.org/covid-19/vaccine-information>



Vaccine Providers

BLACK HAWK COUNTY HEALTH DEPARTMENT

1407 Independence Avenue, 5th Floor, Waterloo

COVID-19 Hotline: 319-292-2360, 8am to 4:30pm, Monday-Friday

Walk-In Vaccine available 9am to 4pm, Monday-Friday

MERCYONE <https://www.MercyOne.org/getmyvaccine>

MercyOne Waterloo Pharmacy, 2710 Francis Drive, Waterloo

Vaccines are also available through MercyOne primary care physician offices.

PEOPLES COMMUNITY HEALTH CLINIC <https://pchccovidvaccine.as.me/schedule.php>

905 Franklin Street, Waterloo

319-874-3000, 8am to 5pm, Monday–Friday

UNITYPOINT HEALTH <https://www.unitypoint.org/waterloo/covid-19-vaccine.aspx>

UnityPoint Clinic Express-United Medical Park, 1731 West Ridgeway, Waterloo

Prairie Parkway Pharmacy, 5100 Prairie Parkway, Cedar Falls

UnityPoint Clinic Express-North Crossing, 2134 Logan Avenue

Vaccines are also available through many UnityPoint Health primary care physician offices.



Vaccine Providers

Hy-Vee

2834 Ansborough Avenue, Waterloo (319) 226-3514

2181 Logan Ave, Waterloo (319) 232-6366

1422 Flammang Drive, Waterloo (319) 234-1774

6301 University Avenue, Waterloo (319) 266-9874

Greenwood Drug

2104 Kimball Avenue, Waterloo (319) 234-6673

Evans Crossing

3506 Lafayette Road, Evansdale (319) 233-3395

CVS

1501 E San Marnan Drive, Waterloo (319) 226-6761

214 Viking Plaza Drive, Cedar Falls (319) 553-1121

205 Franklin Street, Waterloo (319) 234-4736

Walgreens

111 W Ridgeway Avenue, Waterloo (319) 433-0490

2509 White Tail Drive, Cedar Falls (319) 553-0206

1850 Logan Avenue, Waterloo (319) 296-7761

Walmart

1334 Flammang Drive, Waterloo (319) 232-3514

525 Brandilynn Blvd, Cedar Falls (319) 277-7793

